



WHO TO CONTACT

Emergencies –Life Threatening Situations: DIAL 9-1-1

ACT (Assessment and Care Team): 619-515-1515
or, Email ACT@cwsl.edu

Additional On-campus Resources:

Dean of Students: 619-515-1588
Vice Dean of Academic Affairs: 619-525-1413
Asst. Dean of Student & Diversity Svcs: 619-515-1575
Vice President of Administration: 619-515-1593
Exec. Director, Facilities Management: 619-525-1487

Additional Off-campus Resources:

Domestic Violence & Sexual Assault
Hotline: 888-385-4657
Suicide and Crisis 24-hour Hotline: 800-273-8255
San Diego Victim Assistance Program: 619-531-4041

• A Word about CONFIDENTIALITY •

Once you have referred someone to ACT it is understandable you will want to follow up to find out what happened, and if you can provide assistance to the student or employee. However, ACT may be bound by some confidentiality rules and may not be able to share all of the information gathered about the person.

CALIFORNIA WESTERN
SCHOOL OF LAW | San Diego

A.C.T.ion Guide to Identifying Persons of Concern

Concerned about a student or
employee?

Contact the
**Assessment and Care Team
(ACT)**

We are here to help!

D.E.F.U.S.E. any situation
by remembering these tips:

Do stay calm and control your
emotions.

Establish ground rules; take breaks
to calm the person down.

Focus on positive outcomes and the
consequences of violent actions.

Uncover what the person wants;
repeat what is requested.

Speak slowly, confidently, quietly,
be an active listener.

Encourage person to consider other
alternatives; offer support.

225 Cedar Street
San Diego, CA 92101

*If you see something,
say something!*



You don't have to be an **EXPERT**;
You just have to **CARE**.

Behavior Involving an Immediate Threat:

If you believe another student or an employee is in need of medical treatment or poses an immediate threat to self or others, call 9-1-1.

Some examples of situations where 9-1-1 should be contacted immediately:

Person has access to weapons and is threatening to use them.

Person is attempting suicide.

Person otherwise indicates ~~he or she~~they intends to do harm to self or others.

Behaviors of Concern:

If you do not believe the person is an imminent threat, you still can report a person's behavior to ACT if such behavior is:

Unusual

Troubling or concerning

Disruptive to your environment (classroom, office)

Causing discomfort to you or others

Potentially threatening in any way

Q WHEN DO I REFER SOMEONE?

A Consider referring someone to the ACT if you notice any of these signs:

- Preoccupation with weapons, violent events, or persons who have engaged in violent acts
- Evidence of suicidal thoughts or plans
- Signs of hopelessness, excessive irritation, disorientation, or withdrawal/ distancing
- Implying or making threats to harm self or others
- Marked change in appearance or hygiene (ie. grooming, or extreme weight loss/gain)
- Bizarre content in writing or speech, including inappropriate (ie. threatening, aggressive, harassing) communication via phone, voicemail, or email
- Emotional responses that are inappropriate or incongruent
- Extreme reaction to a recent loss or traumatic event
- Inappropriate behavior and responses such as prolonged irritability, angry outbursts, or intense reactions
- Excessive procrastination, uncharacteristically poor work efforts, frequent absences compared with previous known behavior, especially if the person appear extremely distressed or highly emotional

Q HOW DO I REFER SOMEONE?

A If the person expresses a direct threat to self or others, or is behaving bizarrely or in a highly irrational way, contact 9-1-1 immediately.

- If there is no immediate threat, contact the Dean of Students (for students or yourself) or the ACT (for students or employees) with your concerns.